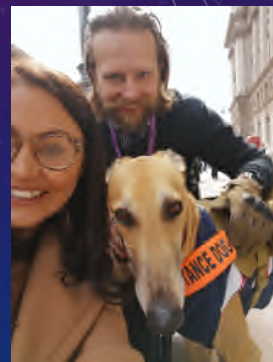


# CHALLENGES AND ASPIRATIONS

**CARLY JONES MBE**  
**BRITISH AUTISM ADVOCATE**

## INTRODUCTION



## WHY ADVOCACY



## WHAT QUALIFIES ME TO TALK IN THESE MATTERS?

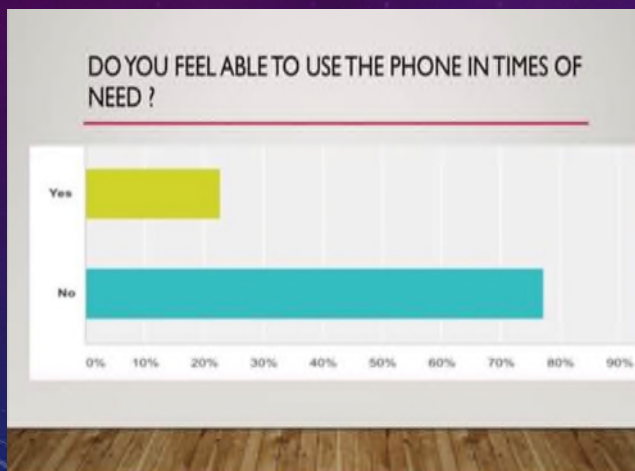
- No GCSES
- Teenage mum
- Ex dancer
- Once homeless in a hostel/young mothers care home aged 16
- No degree
- Unable to spot and report abuse /coercive control in past
- Working class background - no connections or money
- Unable to keep a secret



# THOSE WITH LIVED EXPERIENCE KNOW WHICH LOOPHOLES TO CLOSE TO BETTER HELP OTHERS ...

- If for every action is a equal and opposite reaction , For every negative there must be a positive
- The efforts of activists ,campaigners and advocates is that energy
- So what would YOU do if you were in charge for a day ?

## HELPLINES



## SCHOOL AND EDUCATION OTHERWISE

- **Education isn't always synonymous with school – 2 separate things**
- **Sensory wise school can be hell , not enough mainstream schools are being environmentally audited for their Autistic students who do not “qualify “ for SEN provisions.**
- **Social Currency ,Transition of rooms for classes , uniform not suitable for Autistic learning**

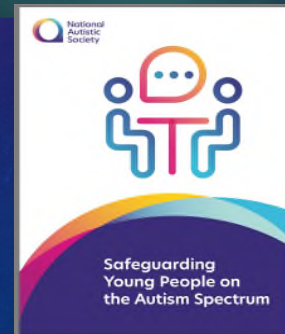
## NATURAL AUTISTIC MINDSETS- NOT ALL TALENTS ARE ACADEMICALLY TESTED

- **Selflessness ,others before self**
- **Integrity,not swayed by personal gain**
- **Objectivity ,non discriminatory**
- **Openness ,Transparency**
- **Honesty**
- **Accountability,held accountable**
- **Leadership, role model ,be an example to other regardless of context**



## SEX ED AND SAFEGUARDING

- **91 % of Autistic adults asked reported experience of abuse prior to diagnosis**
- **Autistic youths have challenges recognising and reporting abuse timely**
- **Sex Ed leaves gaps for Autistic students**
- **Bodies,Boundaries Abuse and reporting it for Autistic girls first UK free online course**



## FINANCES AND FRAUD

Understanding how to budget

Understanding benefits

Understanding interest rates

Understanding financial and legal aspects of living together and marriage

Banks to be educated also !



## HEALTHCARE

- **High pain threshold**
- **May not look in pain**
- **Sensory issues in hospitals**
- **May use medical jargon and not be believed**
- **May find lack of control hard**
- **May find change of routine hard when arriving back home**
- **Smear accessibility only 31 % of Autistic/LD women accessing Smears**

## PREGNANCY AND LABOUR

- **Helping pregnant woman with her options**
- **Helping prepare Autistic woman for the changes of pregnancy**
- **Helping Autistic women prepare for birth**
- **Understanding Autistic women's needs in labour**
- **Not judging an Autistic women's reaction to labour and birth as a parenting concern**



## JUSTICE

- Easily misled by gangs and vulnerable to mate crime (See NAS Safeguarding June 2019 guidelines)
- Body language misunderstands
- Explicit questions to be asked as either a victim ,witness or defendant
- Statement of arrest to ask for disability?
- Sensory issues to blue lights
- Safeguarding in custody
- Appropriate adults
- Family courts ,CAFCASS understandings

## RECOGNITION – HONOURS –APPOINTMENTS



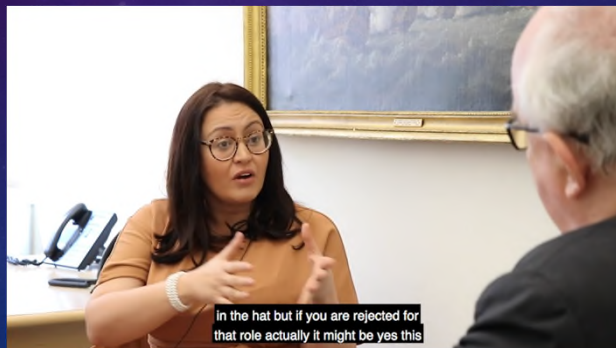
## 7 PRINCIPLES OF PUBLIC LIFE

- **Selflessness ,others before self**
- **Integrity,not swayed by personal gain**
- **Objectivity ,non discriminatory**
- **Openness ,Transparency**
- **Honesty**
- **Accountability**
- **Leadership, role model ,be an example to other regardless of context**

## PUBLIC APPOINTMENTS DIVERSITY

RT HON PETER RIDDELL CBE INTERVIEW WITH CARLY JONES  
MBE

<https://youtu.be/Nu6VVm-oJXo>





## AUTISTIC PROOFING - EVERYDAY LIFE !

- Post it notes with out of order written on them in hand bag at all times
- Prosecco and pap parties (at least take sunglasses?)
- Buy a radar key take it everywhere on a sunflower lanyard
- If you are meeting someone set an alarm for 30 minutes time on your phone to get out of it if you need
- If you don't want to answer front door run upstairs ,put towel on your head and look out window saying you have had to jump out of bath ,come back tomorrow
- If you need to find out if a man is a gentleman fast tell him a joke you'd find offensive if he laughs he failed
- Never trust an self declared "Expert "
- Look for someone's character in their actions NOT their words
- Tell people you're Autistic as soon as you are comfortable to do so

"IT'S NOT YOU IT'S ALL THEM  
OTHER BUGGERS " –NANNY VIV



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