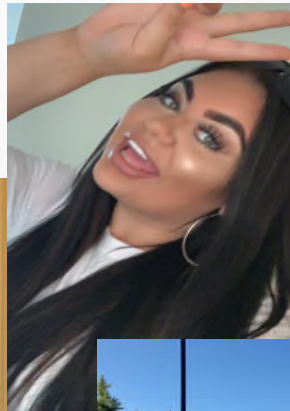


FRIENDSHIPS AND RELATIONSHIPS- AUTISM STYLE

CARLY JONES MBE BRITISH AUTISM ADVOCATE



INTRODUCTION



PROBABLY THE WORST PERSON TO ADVISE ON FRIENDSHIP

- **MORE LIKELY TO RECALL YOUR PETS NAME THAN YOURS**
- **ALWAYS WORKING**
- **WILL MISS YOUR FUNERAL**
- **WILL REPLY TO A TWEET BEFORE A TEXT**
- **ALWAYS PUTS CHILDREN BEFORE FRIENDS**
- **IF YOU LIVE NEAR A MOTORWAY I CAN'T VISIT**
- **IF YOU MOVE IT WILL TAKE ME A YEAR TO VISIT**

WHY I'M A GOOD FRIEND

- **I'LL REMEMBER LOTS OF YOUR LONG TERM MEMORIES FOR YOU**
- **I'LL DOG SIT**
- **I'M SUPER GENEROUS , AND I WILL ALWAYS FIND WAYS TO HELP**
- **I'M LOYAL AND FORGIVE EASY**
- **I BUY REALLY COOL GIFTS**
- **I WILL ALWAYS HELP YOU WITH JOBS**
- **I AM EXACTLY THE SAME FRIEND EVEN IF WE'VE BEEN APART FOR YEARS**

LEVELS OF FRIENDSHIP



LEVEL 1

- **FRIENDLY GREETINGS , LOTS OF THESE HAPPEN EVERYDAY A HELLO TO SOMEONE WE SEE ON THE BUS TO WORK ?**
- **THE CASHIER IN TESCO'S ?**
- **THE POSTMAN ?**
- **CATS !!????**



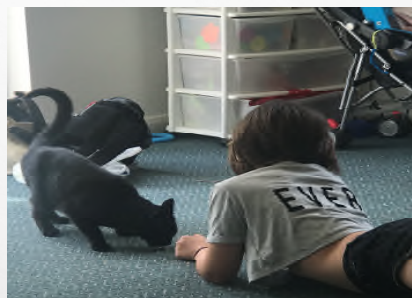
LEVEL 2

- **ACQUAINTANCE SOMETIMES TALK TO BUT NOT PRE ARRANGED**
- **NEIGHBOUR? SOMEONE AT GYM WHO DOES AQUA AEROBICS AT SAME TIME ? SOMEONE YOU SHARE A SKATEBOARDING CLASS WITH ?**



LEVEL 3

- **POSSIBLY A FRIEND**
- **SOMEONE WHO ASKS YOU TO MEET UP AT A DATE AND TIME THAT DIFFERED TO WHERE YOU ORIGINALLY MET**



LEVEL 4

- **EVOLVING FRIENDSHIP**
- **ARRANGING TO REGULARLY MEET UP OUTSIDE OF SCHOOL OR WORK**



LEVEL 5

- **BONDED FRIEND**
- **LOOK OUT FOR ONE ANOTHER AS WELL AS SPEND TIME TOGETHER**



LEVEL 6

**Close friends
Those whom you
would spend time
with and tell your
dreams and secrets
too**



SHOULD THERE BE LEVELS OF RELATIONSHIPS TOO ?

- **WHAT WOULD LEVEL 1 – 6 LOOK LIKE ?**
- **RELATIONSHIP WITH AMAZON ?**
- **TINDER /MATCH /BUMBLE ? MET THEIR FAMILY ?**
- **ONE DATE ? THEY'VE MET YOUR FAMILY ?**
- **MARRIAGE ? CRUSH ON A WORK COLLEAGUE?**
- **DATING FOR A FEW WEEKS ? LONG DISTANCE RELATIONSHIPS?**
- **EX PARTNER BACK ON SCENE ? ONLINE CHAT ROOMS?**

WHY I'M BAD AT TALKING ABOUT RELATIONSHIPS

- **I GOT MARRIED AS A TEEN**
- **AND DIVORCED AT 26**
- **I'VE LIVED ALONE 11 YEARS**
- **AND CELIBATE FOR 4 YEARS (ISH ,SEE DATING SLIDES)**
- **I HAVE NO IDEA IF ANYONE FANCIES ME UNTIL TOO LATE**
- **I HAVE NO IDEA IF I FANCY THEM UNTIL TOO LATE**

WHY I'M GOOD TO TALK TO ABOUT RELATIONSHIPS

- **I'VE MADE EVERY SINGLE MISTAKE GOING SO YOU DON'T HAVE TOO**
- **I TRAIN SAFEGUARDING**
- **I AM WISE AND SERIOUS WHEN IT COMES TO RELATIONSHIPS AND PARENTING**
- **I HAVE SEEN GREAT RELATIONSHIPS IN MY FRIENDS LIVES**

WHAT VULNERABILITY DO AUTISTIC WOMEN HAVE IN DATING ?

- **91 % ADULTS ASKED EXPERIENCED ABUSE PRIOR TO DIALOGUE**
- **DIFFICULTY RECOGNISING OR REPORTING ABUSE**
- **CUCKOOING**
- **ROUTINES**
- **COERCIVE CONTROL /FINANCIAL ABUSE**



WHAT ANNOYANCES DO AUTISTIC WOMEN HAVE WHEN DATING ?

- **FACIAL BLINDNESS**
- **SOCIAL COMMUNICATION /SARCASM /TONE OF VOICE**
- **CONTEXT**
- **BOUNDARIES**
- **ZERO FLIRT DETECTOR ABILITY**
- **HAVING TO LEAVE THE HOUSE**

Today

So are you free for doing something spontaneous

WHEN TO TELL A DATE YOU'RE AUTISTIC?

- STRAIGHT AWAY ? OR WHEN YOU'RE AT LEVEL ,1,2,3,4,5,6 ?
- HOW ? SHOW THEM YOUR WEBSITE ? WORK ? BLOG ?
- DROP IT INTO CONVERSATION ?
- HOW DO WE REACT TO HOW THEY REACT ?



**REMEMBER ALMOST EVERYTHING IS
ACCEPTABLE IN EITHER ART OR RESEARCH**

**I CAME.
I SAW.
I MADE IT AWKWARD.**

FUN THINGS I'VE LEARNED ONLINE DATING



THE HELL OF ONLINE DATING

- THE WORLD HAS MOVED ON
- NO CLUE I FANCY THEM BY LOOKING
- DEMISEXUAL WILL LOOK AT BIO OF WORK AND FIGURE OUT IF THEY ARE INTERESTING AND INTELLIGENT OR THE TYPE OF PERSON TO WATCH LOVE ISLAND AND STORE RED WINE IN THE FRIDGE
- NOT SHALLOW , JUST THE HIGHER STATUS THEIR JOB THE MORE LIKELY THEY'VE HAD GOVERNMENT SECURITY AND BACKGROUND CHECKS AND SOME GOOD REFERENCES
- WILL LIKELY STILL REQUIRE REFERENCES FROM 2 EX LOVERS

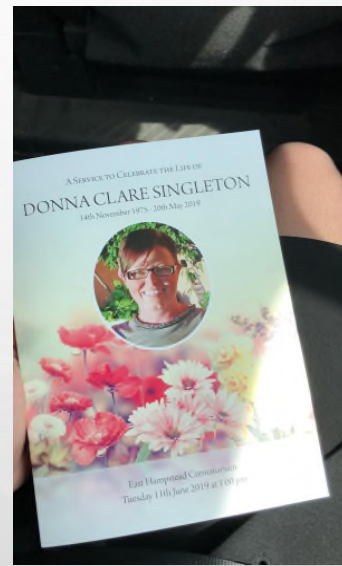
THE HELL OF ONLINE DATING (CONTINUED)

- **MEN WILL POSE WITH A CUTE DOG IN PROFILE PICTURE TO LURE YOU IN TRUST ME IT WORKS**
- **AVOID THE ONES WHO MAKE DEMANDS IN THEIR BIO "MUST LOOK LIKE PROFILE PHOTO " OH HOW WE LAUGH**
- **IF THEY DRIVE A BMW BUT HAVE 5 KIDS THEY ARE EITHER DRUG DEALERS OR LIVING WITH THEIR MUM**
- **A SUIT CAN BE WORN TO BOTH WORK AND COURT**
- **PROFILE PHOTO WITH THEIR EX A BAD SIGN ,OR WEDDING DAY WORSE SIGN**
- **SPELLING MATTERS ESP IF THEY DEMAND A "WOMAN WHO CAN KEEP UP WITH THEM MENTALLY "**

RELATIONSHIPS ENDING AND LOSING A FRIEND

- **DOES REAL LOVE EVER END ?**
- **IS THE PERSON YOU LOVED THE MOST THE RELATIONSHIP THAT STUNG THE MOST ? OR THE ONE WHO LET US SLIP AWAY EASY FOR OUR OWN BEST INTEREST ?**
- **TERM LOSING A FRIEND CHANGES AS YOU GET OLDER**
- **CAN COUNT THEM**
- **CAN COUNT TRUE FRIENDS ON ONE HAND ,IF YOU'RE LUCKY**

DEDICATED TO DONNA AND LIZ



CONTACT

- **TWITTER @CARLYJONESMBE**
- **WEBSITE BRITISHAUTISMADVOCATE.SIMPL.COM**
- **EMAIL BRITISHAUTISMADVOCATE@GMAIL.COM**



THANKS FOR LISTENING